KING DAVID High School

"Let there be light through faith and work"

Curriculum intent : Our Key Stage 5 PSHE/RSHE curriculum enables students to thrive as confident, resilient and responsible young adults as they prepare for life beyond school. Through learning about relationships, health and wellbeing, personal safety, careers, financial capability and citizenship, students develop the knowledge and understanding needed to make informed decisions and navigate the opportunities and challenges of adult life. Rooted in our Jewish values of *kehillah* (community), *tikkun olam* (repairing the world) and *chesed* (kindness), the curriculum encourages students to contribute positively to society, act with integrity and respect, and become active, compassionate members of their local and global communities.

	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
Year 12	**Relationship** Human Rights Community cohesion Respectful relationships	**Relationships** Consent Assertive communication Positive relationships and recognising abuse Strategies for managing dangerous situations or relationships	**Living in the Wider World** Career opportunities Preparing for the world of work Exploring future opportunities Post-18 options	**Living in the Wider World** Managing money Financial contracts Budgeting Saving Debt and gambling Influences on financial choices	**Health and well being** Managing stress Body image Healthy coping strategies	**Health and well being** Health choices and safety Independence and keeping safe Travel First aid The impact of substance use

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Year 13	**Living in the Wider World** Application processes Future opportunities and career development Maintaining a positive professional identity	**Health and well being** Independence Responsible health choices Managing change Health and wellbeing, including sexual health, into adulthood	**Relationships** Intimate relationships Personal values, including in relation to contraception and sexual health Fertility Pregnancy	**Relationships** Building and maintaining relationships. Relationship changes New friendships and relationships, including in the workplace Personal safety Intimacy Conflict resolution	**Living in the Wider World** Application processes Future opportunities and career development Maintaining a positive professional identity	

Key Learning Aims	The KS5 PSHE/RSHE curriculum aims to equip students with the knowledge, confidence and personal qualities required for successful independent adulthood. Through exploring topics including consent, healthy relationships, mental and physical wellbeing, financial decision-making, employability, personal safety and future pathways, students are supported to make responsible choices, manage risk effectively and develop a positive sense of self in preparation for higher education, employment and adult life.
Key Skills	Through the KS5 PSHE/RSHE curriculum, students develop the critical life skills needed to succeed personally, socially and professionally. These include critical thinking, reflective decision-making, effective communication, emotional literacy, self-management and problem-solving. Students strengthen their ability to build and maintain healthy relationships, manage their mental and physical wellbeing, assess and respond to risk, make informed financial decisions, navigate transitions confidently and demonstrate professionalism in a range of contexts. The curriculum also fosters resilience, empathy, independence, leadership and the confidence to seek support, advocate for themselves and contribute positively to their communities.

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